

# THE COSTS OF CAREGIVING

Read on to learn more about our upcoming conference + a 10-prize raffle!

## CAREGIVING INVOLVES:

- Supporting a loved one with an acute or chronic mental or physical health challenge
- Coordinating medical care
- Attending to daily tasks and needs
- Providing transportation
- Providing ongoing financial and/or emotional support



**DID YOU KNOW?**  
1 in 4 caregivers are Millennials

“Many of these millennials are not just working and providing this care, but are trying to figure out, ‘how do I balance all of this?’”

**Jean Accius, AARP**

**11%**

of caregivers are young people enrolled in college or other classes.

**70%**

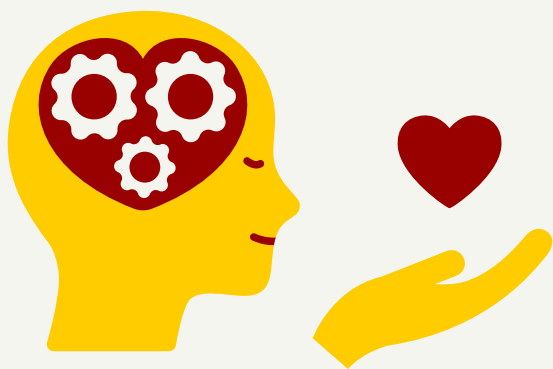
say that caregiving responsibilities have impacted their academics.

**53%**

of young caregivers feel that they had no choice in taking on this role.

**95%**

are unaware of available resources and information.



## RESOURCES:

- USC Family Caregiver Support Center/LACRC
- USC Counseling Center
- USC WHIM-C Center

## EVENT INFORMATION:

# VOICES OF YOUNG CAREGIVERS IN THE DIGITAL AGE:

Highlighting Students who Care for a Loved One



DATE: October 1st, 2021

TIME: 4pm - 7pm

LOCATION: Gerontology Auditorium (OR Virtual!)

**10 Attendees will win a gift card!**

**Scan the QR Code for more details and to RSVP!**